



RURAL RESPITE PROGRAM

FOR THOSE LIVING WITH MEMORY LOSS

CAREGIVERS RECEIVE:

- 3.5 hours of respite time
- Monthly meeting with a Care Navigator

CARE RECIPIENTS RECEIVE:

- 3.5 hours of activities in a group setting
- Person centered program by dementia-certified staff

This is a weekly program. Sessions begin week of September 8 at two locations:

WEDNESDAY (12:00 - 3:30 p.m.)

Whitley County Council on Aging
710 Opportunity Drive, Columbia City

THURSDAY (12:00 - 3:30 p.m.)

Steuben County Council on Aging
1905 Wohlert Street, Angola

ELIGIBILITY:

This program is available to individuals who:

- Are living with memory loss
- Are able to benefit from a group setting
- Do not need assistance with activities of daily living
- Reside in Adams, DeKalb, Huntington, LaGrange, Noble, Steuben, Wells or Whitley County
- Are able to provide their own transportation

Interested individuals must complete the enrollment process to attend weekly sessions. Contact Denise Hughes, RN, BSN to check your eligibility and begin the enrollment process:



260-600-0844



DHughes@agingihs.org



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1-800-552-3662 | 1-260-745-1200 | www.agingihs.org

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