

Family Caregiver Center

Helping you care for the ones you love



There is no cost to attend sessions. RSVP is required.

PLEASE RSVP TO:

Valerie O'Brien
Care Coach
260-745-1200 ext. 235

IN-PERSON SESSION:

Super Shot Clinic
1515 Hobson Road
Fort Wayne, IN 46805



Support Groups

All groups begin at 1pm and are held in-person and virtually.

In-person: 1515 Hobson Road, Fort Wayne, IN 46805

Virtually: Please RSVP to receive access information.

Meetings may be accessed via phone, computer or tablet.

July 9, 2025: Signs of Caregiver Burnout

July 23, 2025: Preventing Elopement

Aug. 6, 2025: Good Vibes (ACPL Great Day Café)*

Aug. 13, 2025: Local Resources

Aug. 27, 2025: Quality Respite Time

Sep. 10, 2025: Diet & Nutrition

Sep. 24, 2025: Sleep

Oct. 8, 2025: Dementia Presentation with Denise Hughes

Oct. 22, 2025: Advanced Directives & Crisis Planning

Nov. 12, 2025: Surviving the Holidays

Nov. 26, 2025: No Support Group - Happy Thanksgiving!

Dec. 10, 2025: 50 Ways to Help a Caregiver

Dec. 24, 2025: No Support Group - Happy Holidays!

*Great Day Café events are held at 1:30pm at the ACPL Main Branch
(900 Library Plaza, Fort Wayne, IN 46802)

Aging & In-Home Services of Northeast Indiana, Inc. (AIHS) promotes independence, dignity, and advocacy for all older adults and persons with disabilities and their caregivers. As the Area III Agency on Aging, AIHS is the primary resource for aging and disabled populations and the largest funder of services including support for the Council on Aging in the following nine counties:

Adams, Allen, DeKalb, Huntington, LaGrange, Noble, Steuben, Wells, Whitley