

# SUCCESS

FY 2023 ANNUAL REPORT





# Attitude is the 'little' thing that makes a big difference.

WINSTON CHURCHILL



**CONNIE BENTON WOLFE** President & CEO

# **MESSAGE FROM OUR CEO**

Here at AIHS, I think it is safe to say that we embrace the notion that it is our "attitude" that has allowed us as an agency to flourish these past few years. Our belief is that part of our mission is to always continue to innovate – to continue to find **better ways** to serve our clients. This search for better ways has expanded our vision of service to our clients and led us on the journey to provide the best of integrated health care for our clients with complex health and social care needs.

Innovation requires change and for some, change doesn't come easily. I am thrilled to be surrounded by the most flexible and multi-talented individuals in northeast Indiana. Because of that strategic pathway to success, this team, and our wonderful Board of Directors, we were able to implement our strategic pathway to success!

Lately, I've grown a deeper appreciation for "Mission + Strategy + Innovation + Partnerships = Success." You'll see this theme throughout this year's Annual Report. Our mission remains the driving force behind all decisions we make, but our strategy and innovation to push our mission forward is what sets us apart. When I joined AIHS in 2010, I believed that our agency could become a national model for the Aging & Disability Network. Seeing this vision of "being more" come to life, has been a tremendous gift.

Last Fall, AIHS was designated by HHS and the U.S. Administration for Community Living as a statewide Community Care Hub and we, along with several partner agencies, are playing an important role as the State transitions to a managed long term care plan — *Indiana PathWays for Aging* — that will become active in July 2024.

I can assure you, AIHS will keep our "attitude" exactly where it needs to be... driving us toward excellence, partnership and innovation on behalf of all who we serve within our community.

Conni Bonton Wolten



SEE OUR END-OF-YEAR VIDEO HERE.

# **AGING & DISABILITY RESOURCE CENTER (ADRC)**

On average, the ADRC receives over 3,000 calls per month!

The ADRC provides streamlined access to information, care options, short-term case management and benefits enrollment across a spectrum of long-term care services and supports. The ADRC is comprised of two types of professionals — our Information & Referral Counselors and Options Counselors. When calling into the ADRC, you'll typically be connected with one of our IR Counselors who can assist with immediate needs. When enrolling in benefits and services, Options Counselors will complete a comprehensive assessment to review your needs and eligibility for programs.

## **FAMILY CAREGIVER CENTER**

The Family Caregiver Center is now located at 3003 Lake Avenue! The Family Caregiver Center provides support and services to caregivers of individuals aged 60 or over or an individual of any age who has dementia or a related disorder. The goal of the program is to reduce caregiver stress and to support the individual's ability to remain in the community with loved ones rather than be institutionalized. What is most unique about our Family Caregiver Center is that its services are directed specifically for the Family Caregiver. We have many options that meet the caregiver where they are — in-person service, remote service, and telephonic service.

As part of the new Produce for Better Health program, our Nutrition Program is reporting decreased blood pressure readings and pounds lost due to the inclusion of additional fresh fruit and vegetable servings!

# **NUTRITION PROGRAM**

The AIHS Nutrition Program is funded by the Older Americans Act (OAA). The OAA supports congregate and home-delivered meals for people aged 60 and older to address the problems of food insecurity, promote socialization and promote health and well-being of older adults through nutrition and nutrition-related services. Additionally, AIHS is pleased to offer Restaurant Vouchers for community-dwelling older adults who are in need of nutritional support.

AIHS has a robust Population Health department that staffs over 20 Community Health Workers who provide telephonic support to nearly 6,000 referrals each month!

## **POPULATION HEALTH**

Population Health focuses on addressing Social Determinants of Health by meeting people where they are, in the community. These individuals are typically people who have had a recent hospital discharge or a complex diagnosis. Our Community Health Coaches help empower individuals struggling with the gaps – gaps from lack of knowledge, services, time, preparedness or support.

# **GERIATRIC & DISABILITY CASE MANAGEMENT**

On average, the AIHS Case Management program defers nursing home placement by 3 years! Geriatric & Disability Case Management is a comprehensive approach to promote health and safety in a community-based setting through continuity and quality of services. AIHS Case Managers provide person-centered care that empowers agingin-place by delaying nursing home admissions. AIHS received a 100% on its **third accreditation renewal** from NCQA for Long-Term Services & Supports this fall.

# **PROGRAMS OF ALL-INCLUSIVE CARE FOR THE ELDERLY (PACE)**

Our integrated care offering, PACE of Northeast Indiana, is located at 2927 Lake Avenue in the heart of downtown Fort Wayne serving older adults who live within Allen County. The center provides one location for both clinical and social services offering a multi-disciplinary integrated care team delivering person-centered care for safe and independent living outside of an institution for as long as possible. AIHS was the fourth organization in Indiana to open a PACE program, and the first AAA in the nation to be the sponsoring organization of a PACE program.

In FY23, PACE doubled enrollment of Participants receiving the PACE benefit.

# **REFERRALS TO SERVICES & SUPPORTS BASED ON A PERSON-CENTERED ASSESSMENT OF NEEDS**



# **REFERRALS FOR SERVICES SUCH AS:** Aging & Disability Resource Center (ADRC) Case Management Nutrition Family Caregiver Center Population Health Program of All-Inclusive Care for the Elderly (PACE)

AUG SEPT OCT NOV DEC JAN FEB MAR APR MAY JUNE JUL

# ELEVANCE HEALTH FOUNDATION — FOOD AS MEDICINE GRANT SUB-RECIPIENT



INDIANA ASSOCIATION of AREA AGENCIES on AGI

Awarded to the I4A Education Institute, Inc., to help combat food insecurity through community partnerships that address hunger and other social factors that prevent individuals from living a healthy life. Grant funds are used to support partnerships with local food banks, food pantries and producers to obtain fresh produce, which are provided to participating seniors at senior meal sites or as part of home delivered meals in addition to information and tips on preparing healthy meals.



# ACL — ALZHEIMER'S DISEASE PROGRAM INITIATIVE (ADPI) GRANT

Awarded by ACL to AIHS to replicate the successful evidence-informed Hospital2Home (H2H) model developed by Nevada Senior Services to provide intensive short-term support to caregivers and their care recipients with Alzheimer's Disease or related dementias immediately following hospital discharge or an Emergency Room visit. H2H offers a care transition featuring immediate response, crisis intervention and respite coaching for each family.



# **USAging's AGING & DISABILITY VACCINATION COLLABORATIVE (ADVC)**

Funded through a grant from ACL, this grant was awarded by USAging to AIHS to support an array of vaccination education and promotion activities, including community vaccine clinics, in-home vaccinations, transportation to vaccination sites and outreach and education for older adults and people with disabilities.



Aging & In-Home Services (AIHS) designated as Community Care Hub for the State of Indiana November 2022 by the U.S. Health & Human Services / Administration for Community Living (ACL) in partnership with the CDC.

Community Care Hub Indiana (CCHI) works to provide support to AAA's and other CBO's in Indiana to lift barriers to contracting with healthcare systems and managed care organizations to ensure Social Drivers of Heath (SDOH) are addressed to assist the citizens of Indiana and maximize their overall health outcomes.

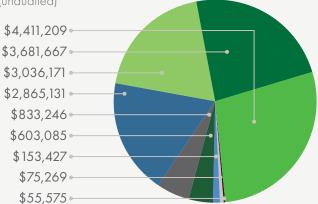
CCHI transitioned to a separate nonprofit joint venture between AIHS and CICOA Aging & In-Home Solutions, based in Indianapolis. Indiana Association of Area Agencies on Aging (i4a) officially voted to utilize CCHI as its contracting arm for Indiana Pathways for Aging (mLTSS).

# DEMOGRAPHICS/FINANCIALS

# **REVENUES FY 2023**

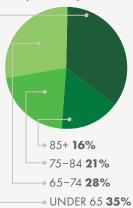
Total Revenue: \$15,714,780 (unaudited)

Federal Funds Medicaid Waiver State Funds Other Revenue ADRC In-Kind Local Funds Client Contributions COVID 19 Funds



# **OUR CLIENTS**

### AGE RANGE (>1 year-109 years old)

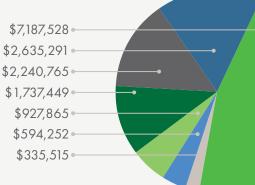


GENDER

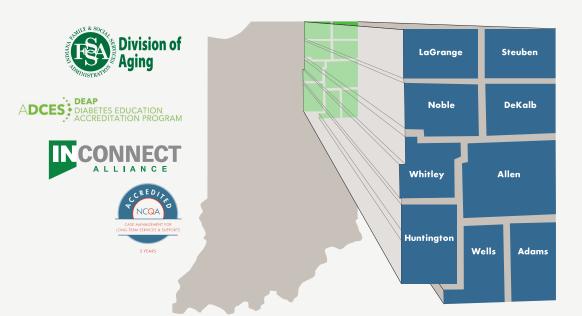
# **EXPENSES BY PROGRAM FY 2023**

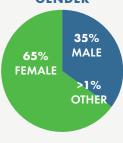
Total Expenditures: \$15,658,666 (unaudited)

Case Management Aging Direct Services Nutrition Population Health Management & General Area III Properties Family Caregiver



# **AREA WE SERVE**

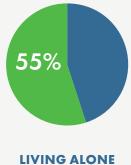


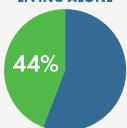


ETHNICITY



LIVING BELOW POVERTY





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# IN MEMORY OF AARON MCCOY

Theresa McCoy

# IN MEMORY OF MARY ANN ROYSE

James Royse Kathleen White

# GRANTS

Administration on Community Living -Alzheimer's Disease **Program Initiative** Federal Older Americans Act Indiana Older Hoosier Indiana State Health Insurance Assistance Program Aged and Disabled **Resource** Center Indiana Assisted Living Ombudsman Anthem Foundation — Food as Medicine USAging - Aging & **Disability Vaccination** Collaborative Lincoln Financial Foundation NANASP

# AIHS BOARD OF DIRECTORS



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