



RURAL RESPITE PROGRAM

FOR THOSE LIVING WITH MEMORY LOSS

CAREGIVERS RECEIVE:

- 3.5 hours of respite time
- Monthly meeting with a Care Navigator

CARE RECIPIENTS RECEIVE:

- 3.5 hours of activities in a group setting
- Person centered program by dementia-certified staff

This is a weekly program. Sessions are at three locations:

MONDAY (12:00 - 3:30 p.m.)

Whitley County Council on Aging
710 Opportunity Drive, Columbia City

WEDNESDAY (12:00 - 3:30 p.m.)

DeKalb County Council on Aging
1800 E 7th Street, Auburn

THURSDAY (12:00 - 3:30 p.m.)

Steuben County Council on Aging
1905 Wohlert Street, Angola

ELIGIBILITY:

This program is available to individuals who:

- Are living with memory loss
- Are able to benefit from a group setting
- Do not need assistance with activities of daily living
- Reside in Adams, DeKalb, Huntington, LaGrange, Noble, Steuben, Wells or Whitley County
- Are able to provide their own transportation

Interested individuals must complete the enrollment process to attend weekly sessions. Contact Denise Hughes, RN, BSN to check your eligibility and begin the enrollment process:



260-600-0844



DHughes@agingihs.org



Special thanks to the Alzheimer's Association Center for Dementia Respite Innovation (CDRI) for making this program possible.

1-800-552-3662 | 1-260-745-1200 | www.agingihs.org

This project is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$18,228,216 with 75 percent funded by ACL/HHS and \$4,941,389 amount with 25 percent funded by non-government source(s). The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the U.S. Government.