

RURAL RESPITE PROGRAM

FOR THOSE LIVING WITH MEMORY LOSS

CAREGIVERS RECEIVE:

- Time to rest and take care of themselves
- Access to a Care Navigator

CARE RECIPIENTS RECEIVE:

- Socialization, brain stimulation and mobility in a group setting
- Person centered programming
- Guidance from dementia-certified staff

Interested individuals must complete the enrollment process to attend weekly sessions. Attendees may only visit one session per week.

Contact Denise Hughes, RN, BSN to check your eligibility and begin the enrollment process:

DHughes@agingihs.org

260-600-0844

SESSIONS ARE AT FOUR LOCATIONS:

MONDAY **12:00 - 3:30 p.m.**	**Whitley County Council on Aging** 710 Opportunity Dr, Columbia City
TUESDAY **12:00 - 3:30 p.m.**	**Huntington County Council on Aging** 500 McGahan St, Huntington
WEDNESDAY **12:00 - 3:30 p.m.**	**DeKalb County Council on Aging** 1800 E 7th St, Auburn
THURSDAY **12:00 - 3:30 p.m.**	**Steuben County Council on Aging** 1905 Wohlert St, Angola

ELIGIBILITY:

This program is available to individuals who:

- Are living with memory loss
- Are able to benefit from a group setting
- Do not need assistance with activities of daily living
- Are able to provide their own transportation
- Reside in Adams, DeKalb, Huntington, LaGrange, Noble, Steuben, Wells or Whitley County

AGING & IN-HOME SERVICES OF NORTHEAST INDIANA

1-800-552-3662 | 1-260-745-1200 | www.agingihs.org

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