



BRI Care Consultation

Support Service for Caregivers of People with Chronic Health Conditions

Expertise on what you need, when you need it, is just a phone call away ... with a proven history of reducing a caregiver's:

- Stress • Burnout • Depression • Relationship Strain

Care Coaches will help you on an as-needed basis to:

- **Manage care more effectively**
- **Find simple & practical solutions to caregiving challenges**
- **Find services & understand insurances**
- **Communicate effectively with family & healthcare professionals**
- **Prevent caregiving crises**

According to "Caregiving in the US. 2015," conducted by AARP Public Policy Institute, the most common conditions caregivers identify that causes their care recipient to need care are "old age," dementia including Alzheimer's, wounds/surgery, cancer, mobility, mental/emotional illness, heart disease, and diabetes. On average, a caregiver has been providing care for four years; intense caregivers have been providing care for five years and expect to continue for another five years.

There is no cost to qualified participants.

For more information on how to sign up for this program, call

Aging & In-Home Services

260-469-3036 or
800-552-3662 Ext. 450