

Family Caregiver Center

Helping you care for the ones you love



Support Groups

All groups will be held virtually and in-person. Groups will begin at 1 PM and can be accessed through your phones, computer, tablet or smartphone. Interested individuals must RSVP to receive access link and / or phone number.

April 10, 2024: Safeguarding the Home

April 24, 2024: Bathing & Personal Care

May 8, 2024: Flower Power (ACPL Great Day Café) *

May 22, 2024: Sleep

June 12, 2024: Activities for the Brain

June 26, 2024: Preventing Elopement

July 10, 2024: Local Resources

July 24, 2024: Nutritional Eating

August 14, 2024: Magic of Music (ACPL Great Day Café) *

August 28, 2024: Quality Respite Time

September 11, 2024: Signs of Caregiver Burnout

September 25, 2024: Books for Caregivers

There is no cost to attend sessions. RSVP is required.

PLEASE RSVP TO:

Valerie O'Brien
Care Coach
260-745-1200 ext. 235

IN-PERSON SESSION:

3003 Lake Ave,
Fort Wayne, IN 46805

Respite Care is available upon request



*Great Day Café events are held at the ACPL Main Branch (900 Library Plaza, Fort Wayne, IN 46802)

Aging & In-Home Services of Northeast Indiana, Inc. (AIHS) promotes independence, dignity, and advocacy for all older adults and persons with disabilities and their caregivers. As the Area III Agency on Aging, AIHS is the primary resource for aging and disabled populations and the largest funder of services including support for the Council on Aging in the following nine counties:

Adams, Allen, DeKalb, Huntington, LaGrange, Noble, Steuben, Wells, Whitley