

Family Caregiver Center

Helping you care for the ones you love



Support Groups

All groups begin at 1pm and are held in-person and virtually.

In-person: 1515 Hobson Road, Fort Wayne, IN 46805

Virtually: Please RSVP to receive access information.

Meetings may be accessed via phone, computer or tablet.

July 1, 2026: Quality Respite Time

July 15, 2026: Grief & Symbolic Loss

August 5, 2026: Magic of Music

August 19, 2026: Driving

September 2, 2026: Bathing & Hygiene

September 16, 2026: Keeping Your Loved One Active

October 7, 2026: Communicating with Health Care Providers

October 21, 2026: When Your Loved One Resists Care

November 4, 2026: 50 Ways to Help a Caregiver

November 18, 2026: Family Dynamics

December 2, 2026: Sleeping Through the Night

December 16, 2026: Dementia Do's and Don't's

There is no cost to attend sessions. RSVP is required.

PLEASE RSVP TO:

Valerie O'Brien
Care Coach
260-745-1200 ext. 235

IN-PERSON SESSION:

Super Shot Clinic
1515 Hobson Road
Fort Wayne, IN 46805



Aging & In-Home Services of Northeast Indiana, Inc. (AIHS) promotes independence, dignity, and advocacy for all older adults and persons with disabilities and their caregivers. As the Area III Agency on Aging, AIHS is the primary resource for aging and disabled populations and the largest funder of services including support for the Council on Aging in the following nine counties:

Adams, Allen, DeKalb, Huntington, LaGrange, Noble, Steuben, Wells, Whitley