

February

2012

Aging and In Home Services

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		INDIANA STYLE CHILI MAC MAPLE SWEET POTATOES APPLESAUCE (HOT) COOKIE CORNBREAD MILK	1	MEATLOAF W/ BROWN GRAVY HARVARD BEETS MASHED POTATOES WHEAT BREAD FRESH ORANGE MILK	2	CHIX TENDERS W/ WHITE GRAVY SEASONED RICE PILAF MEXICALI CORN TURNIP GREENS SLICED APPLES MILK	3		
GINGER BBQ CHICKEN WHIPPED SWEET POTATOES CAULIFLOWER WHEAT BREAD PEACH DELIGHT WHEAT BREAD MILK	6	BRAISED BEEF OVER EGG NOODLES PEAS DICED CARROTS WHEAT ROLL MIXED FRUIT W/ PLUMS MILK	7	OVEN FRIED CHICKEN SCALLOPED POTATOES STING BEANS WHEAT BREAD DICED PEARS MILK	8	SLOW ROASTED BEEF W/ BROWN GRAVY CALIFORNIA BLEND MASHED POTATOES PEAR CRISP WHEAT BREAD MILK	9	POTATO CRUSTED POLLOCK CORN PEAS WHOLE WHEAT BREAD APRICOTS MILK	10
BEEF STEW TURNIP GREENS CORN WHEAT BREAD FRUIT COOKIE MILK	13	BBQ BEEF NORTHERN BEANS DICED CARROTS WHITE BUN PUDDING CUP MILK	14	SCRAMBLED EGGS SAUSAGE LINK HASH BRONW POTATOES SPICED PEACHES CINNAMON RAISIN BREAD MILK	15	ROAST PORK W/ SPICED ORANNGE SAUCE NEW POTATOES VEGETABLE BLEND WHEAT BREAD FIG NEWTON MILK	16	LEMON PEPPER COD SPINACH PEAS & CORN WHEAT BREAD PUDDING CUP MILK	17
BAKED CHIX THIGH WHITE AND WILD RICE BROCCOLI CUTS BLACK EYED PEAS WHEAT ROLL MILK	20	SPAGHETTI W/ MEATBALLS PEAS CAULIFLOWER DINNER ROLL TROPICAL FRUIT SALAD MILK	21	CHIX POT PIE MASHED POTATOES ZUCCHINI SQUASH MULTI GRAIN BREAD JELLO MILK	22	CHIX FRIED STEAK W/ COUNTRY GRAVY SPINACH SCALLOPED POTATOES RAISINS WHITE ROLL MILK	23	TUNA NOODLE CASSEROLE PEAS STEWED TOMATOES WHEAT ROLL FRUIT CUP MILK	24
BEEF POT ROAST W/ VEGETABLE GRAVY MASHED POTATOES BROCCOLI CUTS WHEAT BREAD APPLESAUCE MILK	27	SCRAMBLED EGGS WHOLE GRAIN PANCAKES RED SKIN POTATOES MIXED FRUIT CUP MILK	28	THREE CHEESE PASTA PEAS DICED CARROTS APPLESAUCE DINNER ROLL MILK	29				

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