

IN
CELEBRATION
OF THE
FAMILY
CAREGIVER



Aging & In-Home Services
OF NORTHEAST INDIANA

2010-2011 Annual Report

Message from the Board Chair



Annual meetings and reports serve an important purpose. They signal that it is time to pause, assess what we have accomplished in the past year, and think about the future.

With reflection has come the realization that Aging and In-Home Services of Northeast Indiana (AIHS) has had a very good year. We fully transitioned to our new President and CEO. We restructured our organization to become more efficient and effective and carried forward our tradition of planning, funding and providing the highest quality home and community based services possible for older adults and individuals with disabilities.

Our Board of Directors established five Strategic Priorities which will focus our attention, energy and resources on areas that we believe will serve our clients well in the years ahead. One of these Strategic Priorities was to add an Advancement office to our AIHS structure. This was accomplished and will focus attention on communications and outreach, expanded philanthropy and new business models for our agency.

Without a doubt, the combination of more efficient and effective service structures and enhanced visibility has already had an impact. In the past twelve months, AIHS has served 10% more northeast Indiana residents than in any prior year—an achievement that makes us all very proud.

Along with all of the work that our fine staff accomplishes, we want to make certain that our community also acknowledges the critical role of the family caregiver. These special people embrace and care for spouses, parents and children with special needs daily and it is in their honor that we dedicate the Annual Meeting and Annual Report.

Sincerely,
Julie Sanchez

Perhaps even more inspiring, I am witness to the commitment that families make every day to keep their dear parent, loving spouse, or special kid in a home environment that suits them physically and nourishes them spiritually.

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Message from the President



I am often asked what draws me to the business of “aging” and working with individuals who are older or challenged with disabilities. The question is often posed as if I have made a professional decision that involves sacrifice on my part. It seems to indicate that it must take some special dedication to come to work each day.

In response, I want to share a secret.

I am the lucky one. Each day I have the opportunity to come to an agency that is staffed by highly trained, dedicated and energized professionals. I have the support of a Board of Directors who understands the importance of governance and vision and building an organization that will stand strong for decades to come.

I get to work with civic and volunteer leaders in the State and in communities who are committed to making sure that everyone who lives within their boundaries has what they need for a successful life—true “communities for a lifetime.”

Perhaps even more inspiring, I am witness to the commitment that families make every day to keep their dear parent, loving spouse, or special kid in a home environment that suits them physically and nourishes them spiritually. These family caregivers often receive support through our agency, but what we offer them is nothing compared with what they give in return. They are the backbone of long-term care in our country, and without them our society would find it impossible to serve everyone who needs assistance.

And so, now that the secret is out, I want to thank everyone who makes this work such an extraordinary and rewarding experience.

Sincerely,
Connie Benton Wolfe

The Family Caregiver

“THERE ARE ONLY FOUR KINDS OF PEOPLE IN THE WORLD:

THOSE WHO
HAVE BEEN CAREGIVERS

THOSE WHO ARE
CURRENTLY CAREGIVERS

THOSE WHO
WILL BE CAREGIVERS

AND THOSE WHO
WILL NEED CAREGIVERS.”

ROSALYNN CARTER, FIRST LADY OF THE UNITED STATES, 1977–1981

Today, 65 million Americans — almost 1 in every 3 people — provide care for a loved one.

Family caregivers are the foundation of long-term care in our country.

The typical family caregiver is a 49 year old woman caring for a widowed mother who is living alone. The typical caregiver is also married, and almost one-third have children or grandchildren living with her.

She is employed, yet provides an average of 20 hours of care per week; 13% provide 40 hours per week or more. For 60% of family caregivers, it was their interaction with the healthcare system that made them aware that they were a “family caregiver.”

Two-thirds say that caregiving has had an adverse impact on their job — from being late to giving up work entirely. Cost of this impact to businesses is estimated at \$34 billion each year.

Almost half of employed caregivers say the increase in expenses has caused them to use all or most of their savings. Female family caregivers are 2.5 times more likely than non-caregivers to live in poverty.

More than 1 in 10 report caregiving has caused their physical health to deteriorate. After five years of caregiving, 1 in 4 reports their health is fair or poor. The stress of caregiving has been shown to impact a person’s immune system for up to three years after caregiving ends, thus increasing their chances of developing a chronic illness themselves.

**Cost of this impact
to businesses is
estimated at \$34 billion
each year.**

Aging & In-Home Services of Northeast Indiana, Inc.

Our Mission

To promote independence, dignity and advocacy for all older adults and persons with disabilities.

Our Vision

Serving as the major resource center and single focal point for the long-term care system, Aging and In-Home Services of Northeast Indiana, Inc. will be a catalyst to achieve optimal quality of life for older adults and persons with disabilities. Their integrity and dignity will be protected, nurtured and respected.

Our Region

1. LaGrange
2. Steuben
3. Noble
4. DeKalb
5. Whitley



Serving Northeast Indiana for 36 Years



CREDIBILITY • INTEGRITY • ACHIEVEMENT

Aging & In-Home Services of Northeast Indiana, Inc. is accredited by the Council on Accreditation and the Alliance of Information and Referral Systems.

Our Leadership

BOARD OF DIRECTORS 2011

Julie Sanchez, Chair
Heidi Adair, Vice-Chair
John Rogers, Secretary
Kristi Harkenrider,
Treasurer
Mark Coratti
Sarah Earls
Barbra Frymier
Roger Gump
Keith Huffman
Beth Kaskel
Dr. William McKinney
Renetta Williams
Paul Wolfgram

ADVISORY COUNCIL 2011

Beth Hauenstein, Chair
Bob Barge
Janet Barge
Lulu May Carney
Roxsandra Clemons-
McFarthing
Allen R. Lauer, Sr.
Gregg Parker
Nate Schacht
Jenni Showalter
Sharon Tester
Brent Wake

EXECUTIVE STAFF 2011

Connie Benton Wolfe,
President/CEO
Ruth Ratzlaff, Executive
Vice President/COO
Claire Dokmecian, Senior
Vice President/CFO
Mary Wiemann, Senior
Vice President of
Advancement





Our Impact

In 2011, we touched the lives of more than 41,000 individuals through the following programs, services, and resources:

Aging & Disability Resource Center

To inform, empower, connect

- Information & Assistance
- Options Counseling
- Benefits Enrollment
- Insurance Education
- Care Transition Support

Programs for Productive Aging

Health, wellness, and community engagement

- Preventive Health
- Chronic Disease Management
- Vital Aging Seminars
- Retirement Planning

Family Caregiver Center

Helping you care for the ones you love

- Caregiver consultation
- Family counseling & mediation
- Respite care

Geriatric & Disability Case Management

Easing the burden of long term care

- Comprehensive assessments
- Care planning, referral & monitoring
- Assistance enrollment
- Consumer-directed care management
- Pre-Admission screening for nursing home care

Home & Community Services

Supporting you where you live

- Senior Dining
- Meals on Wheels
- Transportation
- Homemaker & Chore
- Legal Services



Our Continued Gratitude to Indiana Family and Social Services Administration, Division of Aging



As the Area III Area Agency on Aging as designated by the U.S. Administration on Aging and Indiana Family and Social Services Administration, Division of Aging, Aging & In-Home Services of Northeast Indiana (AIHS) is the primary resource for aging and disabled populations and the largest funder of services, including support for the Council on Aging, in the following nine counties: Allen, Adams, DeKalb, Huntington, LaGrange, Noble, Steuben, Wells, Whitley.

Thank You

Memorials & Bequests

We wish to thank all those who remembered us in their will and the families who selected us as a place for remembrances and memorials, among them ...

Richard “Dick” Doermer

Civic leader and community philanthropist Dick Doermer continued his long-standing and heartfelt commitment to the community after his death with a bequest to Aging & In-Home Services of Northeast Indiana.

“Dad had a special affection for your organization, so at his death he wanted to provide for it.”

Daughter Kathy Callen

A heartfelt thank you to a generous individual whose wish was to remain anonymous. In her estate, she gifted several charities who work to the benefit of ill children and aging adults. Her generosity and remembrance to Aging & In-Home Services on behalf of the individuals in need that we serve, is greatly appreciated.

Special thanks to the family and friends of Meals on Wheels staff member J.W. Braden. Visit our campus and idle a moment in the sunshine on the bench purchased in his memory.

Thank you to staff member Jean Horstman for her annual gift in remembrance of husband Leon Horstman, longtime Fort Wayne firefighter.

Special recognition & appreciation goes out to our caring and committed service providers

A Day Away Adult Day Care, Inc.
Absolute Angels
Adams Co. Home Health Care
Adams County Council on Aging
ADT Security Services, Inc.
Advantage Home Health Care, Inc.
Advantage Personal Services
Advocate Home Caregivers, Inc.
Allen County Council on Aging
Angel Corps
Apostolic Christian Care, Inc.
At Home and At Play - Senior Support Svc
Brightstar Fort Wayne
Cameron Home Health Care & Hospice
Comfort Keepers
Community Home Health Care
Community Transportation Network (CTN)
Companion Lifeline

Critical Signal Technologies
Crossroads Home Care, Inc
DeKalb County Council on Aging, Inc.
Easter Seals Arc of Northeast Indiana
Englewood Health & Rehabilitation Center
Guardian Medical Monitoring
Help At Home, Inc.
Home Care Services, Inc.
Home Health Depot
Home Helpers
Home Is Where the Heart Is
Home Nursing Services, Inc.
HomeCare Network
HomePointe
HomePointe HealthCare
Huntington Co. Council on Aging
Indiana Health & Rehabilitation Centers
Indiana Legal Services, Inc.

Special Thanks

Special thanks to our donors and sponsors whose financial and organizational commitment allow us to develop and implement innovative programming to meet client and community needs.



In support of Family Caregiver support & respite



In support of Care Transitions from hospital to home



In support of Senior Home Repair Program



In support of services to Noble County residents



In support of our 2-1-1 partnership

Interim Healthcare of Fort Wayne
Interim Homestyle Svcs of Ft Wayne
Isiorho, Edna
Kaup Pharmacy, Inc.
LaGrange County Council on Aging
League for the Blind & Disabled
Lamplight Fort Wayne LLC
Loving Care Agency, Inc.
LS2 Ventures, LLC
Majors Medical Supply
Maxim Healthcare Services, Inc.
Mid-Land Meals
Momper Construction Corp.
Monchilov, Victoria M.
National Mentor Healthcare, LLC
New Horizons Home Health Services
Noble County Council on Aging, Inc.
Ossian Health & Rehabilitation Center

Paragon Home Care, Inc.
Purfoods LLC.
ResCare Adult Day Services
ResCare Home Care
River Terrace Estates, Inc.
Seasons HomeCare
Senior Helpers
Stay Home Senior Care, Inc.
Steuben County Council on Aging
Summit Lifeline
Sunshine Home Assistance Services, Inc.
Sunshine Home Care Services, Inc.
Trinity Home Health Care, Inc.
Turnstone
United Methodist Memorial Home VRI
Wells County Council on Aging, Inc.
Whitley County Council on Aging

Our Financial Summary

REVENUE AND EXPENSE STATEMENTS: JULY 1, 2010 TO JUNE 30, 2011

REVENUE

Federal Funds	\$3,228,828
State Funds	2,624,109
Local Funds	129,919
Medicaid Waiver Revenue	1,063,006
Client Contributions	117,520
Other Revenue	30,418
In-Kind Revenue	182,409

Total Revenue **7,376,209**

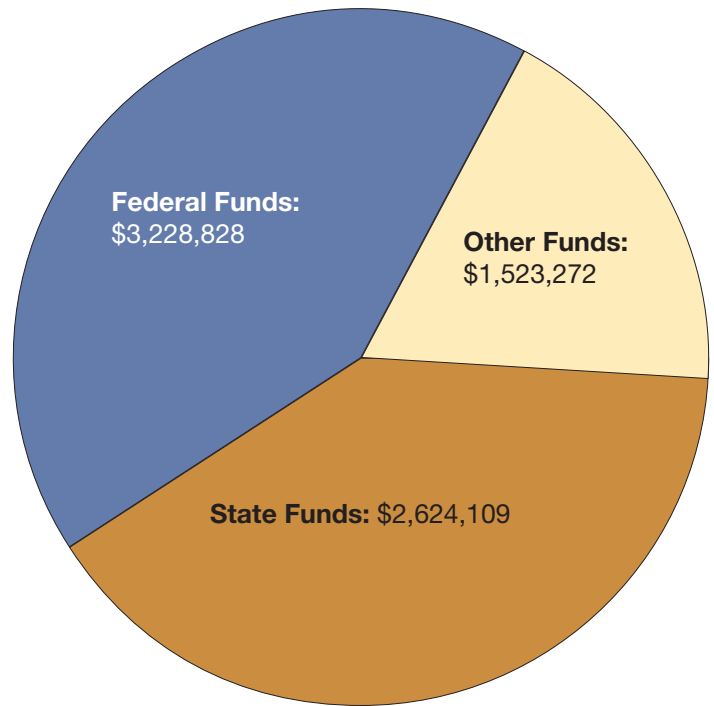
EXPENDITURES

ADRC	\$474,213
Community Services	567,834
In-Home Services	1,906,452
Case Management	2,217,228
Congregate Meals	514,681
Home Delivered Meals	971,762
Administration	560,351

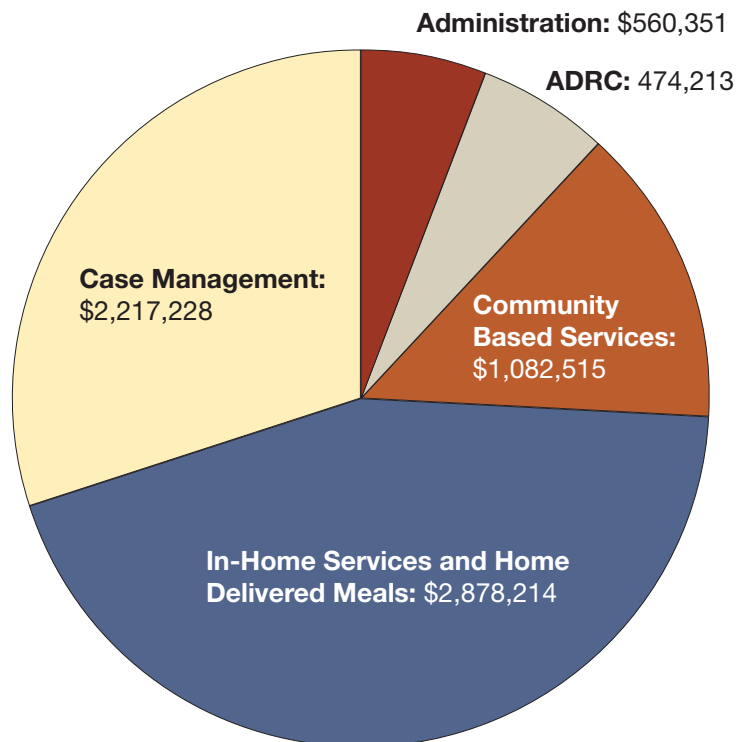
Total Expenditures **7,212,521**

Unaudited figures

FUNDING SOURCES: 2011 FISCAL YEAR



EXPENSE BY TYPE: 2011 FISCAL YEAR





IN CELEBRATION OF THE FAMILY CAREGIVER

Aging & In-Home Services OF NORTHEAST INDIANA



**Thank you to all those who made possible our
Celebration of the Family Caregiver
36th Annual Meeting & Awards Ceremony
Friday, October 21, 2011**

Featured Speaker: Lee Woodruff

Author/Contributing Editor, *Good Morning America*

Lee shared her experience of caregiving and healing after her husband, ABC co-anchor Bob Woodruff, suffered a traumatic brain injury while covering the war in Iraq. Together, they chronicled his miraculous recovery, their approach to the crisis that befell them, and the strengthening of their family as a result in *In an Instant*. Lee's second book *Perfectly Imperfect: A Life in Progress* has been reviewed as "Nora Ephron + Erma Bombeck = Lee Woodruff. This is the book for all the women in your life!"

For more information on this speaker, please visit www.apbspeakers.com.

PREMIER SPONSOR



Autumn Ridge Rehabilitation Centre
Bethlehem Woods Nursing & Rehabilitation
Betz Nursing Home
Coventry Meadows
Glenbrook Rehabilitation & Skilled Nursing Center
Heritage Park
Markle Health & Rehabilitation
Summit City Nursing & Rehabilitation

PRESENTING SPONSORS



OTHER SPONSORS



ADDITIONAL SUPPORT HAS BEEN RECEIVED FROM:

Cardinal Fluid Management
Help at Home, Inc.
Keller Development
Lamplight Inn Fort Wayne

League for the Blind & Disabled
Sunshine Home Health Care
Tower Bank
Wells Fargo Insurance Services



Aging & In-Home Services
OF NORTHEAST INDIANA

2927 Lake Avenue
Fort Wayne, IN 46805

1-800-552-3662
1-260-745-1200

www.agingihs.org